



OFFICIAL INVITATION

Dear IFMA Members NF Federations and Clubs,

We are pleased to invite your teams to the 12th IFMA-International Antalya Muaythai Open Cup's 2024 and 2nd Mediterranean Countries-MMU Championships held in the beautiful city of Antalya, Turkey.

We would like to extend an invitation to your National Muaythai Team or Clubs team to Antalya to competes and again enjoy Turkish hospitality. The event will be held from the 04 to 08 December 2024.

The 12th IFMA-International Antalya Muaythai Open Cup's 2024 and 2nd Mediterranean Countries-MMU Championships will include youth and senior divisions. For the youngest ones special, Wai Kru, Mai Muay, highlight the cultural respect of Muaythai. We invite you to register your team and officials on the ifmalive.com registration platform.

We are looking forward to welcome you and your delegation in Antalya Turkey.

Yours sincerely,

Charissa Tynan
Director General of
International Federation of Muaythai
Associations-IFMA

Hasan Yildiz
President of Turkish Muaythai
Federation-TMF,
President of European Muaythai
Federation-EMF,
Vice President Ineternational
Federation of Muaythai Associations-
IFMA





Rules and Regulations

The Rules and Regulations presented hereafter are in accordance with the current rules and regulations of the International Federation of Muaythai Amateur (IFMA).

Minimum and Maximum Age Limits

- A contestant in the Senior Male or Senior Female Division must be at least 17 years old, but not more than 40 years old.
- A contestant in the U23 Male Division must be at least 17 years old, but not more than 23 years old.
- A contestant in the Junior 16-17 Male or Female Division must be at least 16 years old, but not more than 17 years old.
- A contestant in the Junior 14-15 Male or Female Division must be at least 14 years old, but not more than 15 years old.
- A contestant in the Junior 12-13 Male or Female Division must be at least 12 years old, but not more than 13 years old.
- A contestant in the Junior 11-10 Male or Female Division must be at least 10 years old, but not more than 11 years old.

For any clarification on this rule, please see: <http://www.ifmamuythai.org/technical-reference/muaythai-rules/25-minimum-maximum-age-limit/>

Participating Teams

- All IFMA Members (*with membership fees paid up to 2024) are invited to participate at the championships.
- Event is open to all IFMA members national federations and clubs under NFs.
- International Antalya Muaythai Open allows more than one athlete per weight division

Medical Check-up and Weigh-in

All contestants competing in the International Antalya Muaythai Open Cup's must have a Medical Check-up and Official Weigh-in on the opening day of the Championships outlined in the technical handbook.

Each contestant must then have a Medical Check-up and Weigh-in in the morning of their competition for each bout. As per IFMA Rule 23, all contestants must have in their possession, the [IFMA Medical Declaration form](https://muaythai.sport/wp-content/uploads/2024/02/IFMA-Medical-Declaration-for-Athletes-V.12.pdf) (https://muaythai.sport/wp-content/uploads/2024/02/IFMA-Medical-Declaration-for-Athletes-V.12.pdf) signed by an authorised doctor of medicine, stating that prior to leaving his country he was in good physical condition and not suffering from any injury, infection or disability liable to affect his capacity to box in the country being visited. The medical declaration form cannot be older than 6 months and should be in the ENGLISH language. For participants competing in the 16-17, U23 and Senior Elite Age Divisions, the Medical Declaration form must be accompanied by laboratory results for HIV, Hepatitis B and Hepatitis C.

C. In the case that laboratory reports are in a language other than English, it is the responsibility of the National Federation to ensure that the documents are officially translated and certified and those translations submitted together with the documents. All abovementioned forms should be uploaded to the participant's online registration for smooth processing.

Participants that are entering only the Muay Boran, Muay Aerobic or Wai Kru competitions are not required to submit to the medical check and do not need to submit the medical declaration form.

Other requirements

A contestant must be of the same nationality as the National Federation, which has entered them. Proof of identity, will be established by production of a passport or an official document or its copy from the country for which the competitor has been entered upon registration/weigh in. If a competitor has more than one nationality, such competitor can only represent one country and thereafter may not represent any other country, until after a period of three (3) years has elapsed. If the two federations concerned desire, they





can ask IFMA to reduce or even to suppress this delay in conformity with the IFMA Rules and Regulations. The IFMA Executive Board reserves the right to allow participants to represent the country of which they are a permanent residence instead of their passport nationality, given that the boxer has never represented the country of origin on their passport.

The 12th IFMA-International Antalya Muaythai Open Cup's 2024 and 2nd Mediterranean Countries-MMU Championships Competition

***Note: If there are less than 2 entries in any division, the competition will not be held for that division.*

SENIOR ELITE MALE AND FEMALE;

MEN: 48-51-54-57-60-63,5-67-71-75 -81 -86 -91 +91 Kgs, Wai Kru, Mai Muay,

WOMEN: -45-48-51-54-57-60 -63,5 -67 -71 -75 +75 Kgs, Wai Kru, Mai Muay,

U23 MALE AND FEMALE

MEN: -45 -48 -51 -54 -57 -60 -63,5 -67 -71 -75 -81 -86 -91 +91 Kgs Wai Kru, Mai Muay,

WOMEN: -45-48-51-54-57-60 -63,5 -67 -71 -75 +75 Kgs, Wai Kru, Mai Muay,

JUNIOR 16-17 YEARS MALE AND FEMALE

MEN: -45 -48 -51 -54 -57 -60 -63,5 -67 -71 -75 -81 -86 -91 +91 Kgs Wai Kru, Mai Muay,

WOMEN: -42 -45 -48 -51 -54 -57 -60 -63,5 -67 -71 -75 +75 Kgs Wai Kru, Mai Muay,

JUNIOR 14-15 YEARS MALE AND FEMALE

MEN: --38 -40 -42 -45 -48 -51 -54 -57 -60 -63,5 -67 -71 -75 -81 +81 Kgs Wai Kru, Mai Muay,

WOMEN: -36 -38 -40 -42 -45 -48 -51 -54 -57 -60 -63,5 -67 -71 +71 Kgs Wai Kru, Mai Muay,

KIDS 12-13 YEARS MALE AND FEMALE;

BOYS: -34 -36 -38 -40 -42 -44 -46 -48 -51 -54 -57 -60 -63.5 -67, -71 +71Kg Wai Kru, Mai Muay,

GIRLS: -32 -34 -36 -38 -40 -42 -44 -46 -48 -51 -54 -57-60 -63.5 +63.5 Kg Wai Kru, Mai Muay,

KIDS 10-11 YEARS MALE AND FEMALE;

BOYS: -30 -32 -34 -36 -38 -40 -42 -44 -46 -48 -51-54 -57-60 -63.5 -67 +67 Kg Wai Kru, Mai Muay,

GIRLS: -30 -32 -34 -36 -38 -40 -42 -44 -46 -48 -51-54 -57-60 +60 Kg Wai Kru, Mai Muay,

Divisions of the Round Competition rules

All categories (Current IFMA International Competitions Rules)

Awards and Prizes;

12th IFMA-International Antalya Muaythai Open Cup 2024 is a separate activity, 2nd Mediterranean Countries-MMU Championship two separate competitions will be held as a separate activity, medals and trophies will be awarded separately,

In each division, the winner of the Final bout will be the Champion and awarded with the Gold medal. The other finalist will receive the Silver medal and 2 Bronze medals will be awarded to the 2 semi-finalists. The team with the highest points total will receive 12th IFMA-International Antalya Muaythai Open Cup 2024 or 2nd Mediterranean Countries-MMU Championship cup.

Venue and Date

12th IFMA-International Antalya Muaythai Open Cup 2024 or 2nd Mediterranean Countries-MMU Championship; will be held at the Turkey Antalya, Arrivals 03-04 December, team manager meeting 04th December 2024, the Opening Ceremony will be held on the 05th December 2024 at 10.30. Finals competition and medals ceremonies will take place on 08th December 2024, departure 09 December 2024,

Visa Requirement:

European Union Countries and many Asian Countries don't need visa for entry to Turkey. If you need visa please request the LOC for special attention toward visa requirements to enter the Turkish Embassy in your Country. The LOC will send you an official visa invitation letter.





Training:

Facilities will be provided for training at the Official Hotel and sport gym. Details during the 'Team Manager Meeting' 04th December 2023

Accreditation & Accommodation Event Rates;

5 Star Deluxe Hotels and 4 Star Hotels; Those who stay outside the IFMA Rspartz system (Hotel Accommodation), can not participate in any activities of 12th IFMA-International Antalya Muaythai Open Cup 2024 or 2nd Mediterranean Countries-MMU Championship;

All participants are obliged to stay at the official event hotels. Those whom do not will not receive accreditation necessary to participate in the event.

Accommodation:

5 Star Deluxe Hotels Early Booking Rate *only for bookings paid in advance by 05 November 2024
Twin /Triple Room Rate 90 EUR (\$100) per person per night,
Single Room Rate 135 EUR (\$150) per person per night,

4 Star Hotels Early Booking Rate *only for bookings paid in advance by 05 November 2024
Twin /Triple Room Rate 80 EUR (\$90) per person per night,
Single Room Rate 120 EUR (\$135) per person per night,

5 Star Deluxe Hotels Standard Booking Rate *for all bookings paid after 05 November 2024 and on-site
Twin/Triple Room Rate 100 EUR (\$110) per person per night
Single Room Rate 140 EUR (\$155) per person per night

4 Star Hotels Standard Booking Rate *for all bookings paid after 05 November 2024 and on-site
Twin/Triple Room Rate 85 EUR (\$95) per person per night
Single Room Rate 125 EUR (\$140) per person per night

**Rates include:

- All Transfers to/from Antalya Intl' Airport and hotel on 03-04th and 08-09 th December 2024.
- HB without alcohol 2 meals per day

-Early Bird room rates will apply ONLY to bookings made before 05th of November 2024 and paid in FULL by bank transfer no later than 05 November 2024. On site payments will be charged the standard room rate.

-Uniform Orders two t-shirts one shorts and hand wraps each person 60,00 USD

Deadlines:

Entry by Number & Uniform Estimate 20th of October 2024

Entry By Name & Uniform Orders 05th of November 2024

Team Registration: <https://rspartz.com/> 20th of November 2024

Each delegation will be provided with complimentary full board accommodations for the NF President and One technical official (R&J) covered by the Turkish Muaythai Federation

All Information and helps:

Tel: +905079263235 (Whatsapp) e-mail: emfopencupturkey@gmail.com

Website; www.muaythai.gov.tr





EVENTS PROGRAM

03th December 2024

00.00 - 24.00 Arrivals,

04th December 2024

10.00 - 16.00 Arrivals/Registartion/Contol

16.00 - 17.00 Meeting Referee & Judge

17.00 - 18.00 Team Manager Meeting and draw

20.00 - 21.00 Dinner

05th December 2024

07.00 - 08.00 Weigh-in and Medical Check-up They will have competition during in day,

09.00 - 10.00 Meeting and Referee & Judge

10.30 - 11.00 Opening ceremony

11.00 - 13.00 Start of the Competition

12.30 - 14.00 Lunch

14:00 - 19:00 Competition

19.30 - 21.00 Dinner

06th December 2024

07.00 - 08.00 Weigh-in and Medical Check-up They will have competition during in day,

09.00 - 10.00 Meeting and Referee & Judge

11.00 - 13.00 Competition

12.30 - 14.00 Lunch

14:00 - 19:00 Competition

19.30 - 23.00 Presidents Team Manager and VIP Dinner

07th December 2024

07.00 - 08.00 Weigh-in and Medical Check-up They will have competition during in day,

09.00 - 10.00 Meeting and Referee & Judge

11.00 - 13.00 Competition

12.30 - 14.00 Lunch

14:00 - 19:00 Competition

19.30 - 23.00 Mediterranean AGM Meeting and Dinner

08th December 2024

07.00 - 08.00 Weigh-in Medical Check-up They will have competition during in day,

09.00 - 09.30 Meeting and Referee & Judge

11.00 - 13.00 Competition

12.30 - 14.00 Lunch

14.00 - 19.00 Finals of the competition and medals ceremonies

19.30 - 21.00 Dinner

22.00 - 24.00 Goodbye Party

09th December 2024

00.00 - 24.00 Departures

