

## Competition for All Abilities

### IPC INCLUSIVE CHALLENGE

#### Overview

Welcome ALL youngsters! Here is a fun challenge you can all do from home. UTS has collaborated with the International Paralympic Committee to develop a challenge where youngsters with disabilities can also participate. This challenge is held in three age categories (U12, U15, U18).

For the qualifier event, participants will need to record a video of themselves doing the challenge and upload their videos to the UTS competition platform through their organization technical official. Please note, rules and regulations are the same as for the other UTS competitions, meaning consent forms must be completed, details to the registration complete etc.

Videos will be reviewed by a panel of judges with four people from each age category, progressing to the finals beginning on 20 November 2021 on World Children's Day.

#### Partnership

To deliver this competition, youth are invited to use the [United Nations SDG Action Campaign Goals](#) as a guideline when telling the world leaders their views on how to make the world a better place.

#### How Do People Take Part?

To take part, youngsters will need to do the following:

- Upload a video of themselves taking part in the challenge and send it to their organization. The organization technical delegate must then upload their video to the festival platform.
- The competition period will be **now until 31 October 2021**.
- The judging period to determine which participants will go through to the semi-finals and final will take place between **1 – 14 November 2021**.
- Four people from each age category will progress to the semi-finals and final on **20 November 2021**.

#### What Is The Challenge?

The challenge will be open and **inclusive** to everyone.

We invite youngsters to create their **own exercise routine for 1 minute**. After performing their exercise routine, they then should film themselves telling the leaders of the world how we can make the world a better place for **1 minute**.

Length of video: participants will need to perform an exercise routine of their choice with judges looking to reward creativity and inspiration. Submission VDOs cannot be longer than **two minutes**.

Youngsters who are not native English speakers will need to add translation or provide a written translation with their submission.

## Judging Criteria

- Each age category will have two judges appointed.
- When reviewing the videos, judges will be looking for creativity within the exercise routine, how well it is performed and the content.
- Following the deadline for competition entries on **Sunday 31 October**.
- Judges will then review the entries between **1-14 November 2021** and choose which 3 participants from each age category progress to the finals.

**Please Note:** The same judges will determine the winners of the semi-finals and final on 20-22 November.

## Awards & Certificates

- All participants receive a certificate signed by the IOC, IPC & SOI, KSA, GAISF and UTS.
- Medals will be awarded: Gold 1<sup>st</sup> place Silver 2<sup>nd</sup> place Bronze 3<sup>rd</sup> place per each age category (U12, U15 and U18).

## Contact Information

For all competition inquiries contact Sport Coordinator, Janice Lyn:  
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