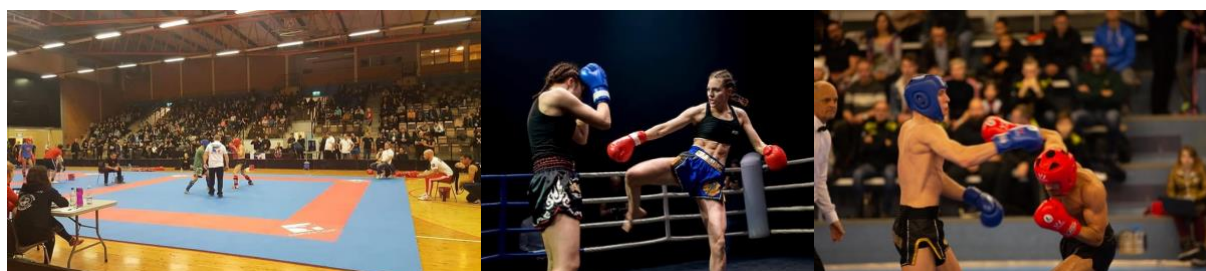


ALLSTYLE OPEN

Invitation

International Stockholm Allstyle Open #55

25th of April



Allstyle is officially recognized by The Swedish Sports Federation given the same status as Karate, Taekwondo, Kickboxing, Muay Thai and MMA. By letting athletes from different styles meet under the same set of rules fighters are given a unique opportunity to test how they fair against each other. Allstyle has fathered successes as Master Cup and The Blitz! Rules are applied both as Amateur and PRO.



Rules Allstyle Open

Class 1 – Men and Women 18 years of age.

Highest points or knock out brings victory.

If competitor gets knocked down twice during the same round he or she will be counted out as by TKO, Technical Knock Out.

Class II – Men and Women 18 years of age + Junior 16 to 17-year-old

Knock Out against head is not allowed...

(Warning will be issued with 1 to 3 points deduction in case of violation (to hard contact aimed at head). Disqualification can be issued if the force is deliberate repeated or and causes harm.)

Fights takes place on a rubber mat 8x8 meters
Match time: 2x2 minutes (1-minute rest in between rounds)

Referees: 2 alt. 4 score judges, 1 ring referee. Score judges keep count using clickers. At the request of referee, the score judges show who they pick as winner/loser or tie. Tie marked by crossed arms winner by raised arm. Each wrist carries red or blue band.

Scoring

Punch to the head 1 point
Punch to the body 1 point
Kick to the body 2 points
Kick to the head 3 points
Take down 2 points
Take down follow up by strike 3 points
Punches and kicks to the arms and thighs are allowed, but no points are awarded for these.

Winner: Is the fighter who collects most points throughout the whole fight and will be called out after the final round has ended. If the scoring brings to a tie, an extra round will be called out. If it's still a draw after the extra round, the referee has the deciding vote.

In order to receive points, the technique has to be delivered purposefully and accurately. A hit must either have recoil or push. It must not die at arrival – force must be delivered. Areas that will result in points being given are head and torso.

If a clear disparity in strength exists between fighter A and B, and there is an obvious risk of injury, the referee can and shall stop the match, and declare the stronger fighter as winner.

Warning: Penalty - for flight -1-point deduction at first warning

3 points deduction at second offence disqualification at third offence.

Count restarts with each new round. Serious breach in sportsmanship can lead to warning using the same scale 1-3 for minor offences or disqualification if they are severe.

Equipment

Athletic supporters and mouthguard are personal equipment. All other equipment will be provided by the event organizer (Gloves, leg protection, helmet). Breast protection is optional for women. Wrapping the hands is allowed.

Clothing

Fighters clothing should be intact and clean. Men shorts, T-shirt. Women shorts and tank top or T-shirt.



CONTACT

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ENTRY TO COMPETITION www.smoothcomp.com



ENTRY FEE

35 euro/each participant

WEIGH-IN

Friday 24th of April kl.18:00

Venue

Eriksdalshallen

Central Stockholm

PROGRAM

Competition starts, 10:00

For further info visit www.allstyleopen.se