

Individual winners by category

2014 Midt-Norsk 1

Male

Category: Aspirants Male B -33 / Fin (4 competitors)

<input type="checkbox"/>	1	32 Asphaug, Tom Erik Foss	Taekwondo Team Heimdal
<input type="checkbox"/>	2	33 Johansen Sandnes, Matias	Taekwondo Team Heimdal
<input type="checkbox"/>	3	34 Øien, Martin Tobias Moen	Taekwondo Team Heimdal

Category: Aspirants Male B -37 / Fly (3 competitors) (Poule)

<input type="checkbox"/>	1	37 Kilaas, Sebastian Johannes Lyngen	Taekwondo Team Heimdal
<input type="checkbox"/>	2	35 Hjertvik, Johannes	Namsos Taekwondo klubb
<input type="checkbox"/>	3	36 Isdahl, Markus	Taekwondo Team Heimdal

Category: Aspirants Male B -41 / Bantam (6 competitors)

<input type="checkbox"/>	1	38 Stubrud, Kevin Nathaniel	Røra Taekwondo Kubb
<input type="checkbox"/>	2	42 Domaas, Kasper	Taekwondo Team Heimdal
<input type="checkbox"/>	3	39 Veium, Ådne F.	Røra Taekwondo Kubb

Category: Aspirants Male B -49 / Light (6 competitors)

<input type="checkbox"/>	1	45 Karlsen-Halvei, Elias	Taekwondo Team Heimdal
<input type="checkbox"/>	2	47 Thomassen, Lars	Namsos Taekwondo klubb
<input type="checkbox"/>	3	46 Petersen, Eirik	Grong Kampsportklubb

Category: Aspirants Male B -57 / Middle (3 competitors) (Poule)

<input type="checkbox"/>	1	50 Paehler, Mathias Stormo	Røra Taekwondo Kubb
<input type="checkbox"/>	2	51 Steinsli, Isac	Røra Taekwondo Kubb
<input type="checkbox"/>	3	52 Sundseth, Martin Andre	Røra Taekwondo Kubb

Category: Aspirants Male B -65 / Heavy2 (2 competitors)

<input type="checkbox"/>	1	54 Smistad Olsen, Marius	Taekwondo Team Heimdal
<input type="checkbox"/>	2	53 Dorland, Natan	Namsos Taekwondo klubb

Category: Juniors Male B -45 / Fin (3 competitors) (Poule)

<input type="checkbox"/>	1	5 Espeland, Svein Harald	Røra Taekwondo Kubb
<input type="checkbox"/>	2	6 Bu, Jonas R.	Taekwondo Team Heimdal
<input type="checkbox"/>	3	7 Haagensen, Kim-Andre F. N.	Taekwondo Team Heimdal

Category: Juniors Male B -55 / Feather (4 competitors)

<input type="checkbox"/>	1	8 Aune, Magnus	Namsos Taekwondo klubb
<input type="checkbox"/>	2	10 Rønquist, Kristian	Tong-Ir TaeKwonDo klubb
<input type="checkbox"/>	3	9 Rosvoldsve, Nathaniel	Stjørdal Tae Kwon Do Klubb

Category: Seniors Male B +87 / Heavy (3 competitors) (Poule)

<input type="checkbox"/>	1	57 Lu, Lizhang	Røra Taekwondo Kubb
<input type="checkbox"/>	2	55 Estensen, Kenneth	Namsos Taekwondo klubb
<input type="checkbox"/>	3	56 Gustad, Kristian	Røra Taekwondo Kubb

Individual winners by category

2014 Midt-Norsk 1

Female

Category: Aspirants Female B -29 / Fin (3 competitors) (Poule)

<input type="checkbox"/>	1	14 Pham, Maiken	Tong-Ir TaeKwonDo klubb
<input type="checkbox"/>	2	12 Jenssen, Vivian Bjordal	Taekwondo Team Heimdal
<input type="checkbox"/>	3	13 Jenssen, Vera Bjordal	Taekwondo Team Heimdal

Category: Aspirants Female B -33 / Fly (5 competitors)

<input type="checkbox"/>	1	18 Bergm, Helene	Tong-Ir TaeKwonDo klubb
<input type="checkbox"/>	2	17 Domaas, Stine	Taekwondo Team Heimdal
<input type="checkbox"/>	3	16 Bjørkås, Kaja	Stjørdal Tae Kwon Do Klubb

Category: Aspirants Female B -37 / Bantam (3 competitors) (Poule)

<input type="checkbox"/>	1	20 Veium, Tuva Føseth	Røra Taekwondo Kubb
<input type="checkbox"/>	2	21 Bøe, Frida	Taekwondo Team Heimdal
<input type="checkbox"/>	3	22 Høvik, Live Marita Lund	Taekwondo Team Heimdal

Category: Aspirants Female B -44 / Light (4 competitors)

<input type="checkbox"/>	1	26 Hansen, Kaja Husby	Taekwondo Team Heimdal
<input type="checkbox"/>	2	23 Lindsetmo, Sara	Røra Taekwondo Kubb
<input type="checkbox"/>	3	24 Høgmo, Tuva	Stjørdal Atletklubb

Category: Aspirants Female B -59 / Heavy2 (4 competitors)

<input type="checkbox"/>	1	29 Nordberg, Line Rønning	Røra Taekwondo Kubb
<input type="checkbox"/>	2	30 Hoff, Fanny Sederholm	Stjørdal Atletklubb
<input type="checkbox"/>	3	27 Bolli-Silseth, Siri Alexandra	Røra Taekwondo Kubb

Category: Juniors Female B -59 / Light Middle (2 competitors)

<input type="checkbox"/>	1	2 Bylund, Kristin	Røra Taekwondo Kubb
<input type="checkbox"/>	2	1 Landstad Skarland, Ingrid Martine	Grong Kampsportklubb

Category: Juniors Female B -68 / Light Heavy (2 competitors)

<input type="checkbox"/>	1	3 Almaas, Trude	Grong Kampsportklubb
<input type="checkbox"/>	2	4 Stokke, Gro Anita	Stjørdal Atletklubb