

KUKKIWON POOMSAE SEMINAR

30 november – 1 december 2013

FACTS

Date: 30 nov- 1 dec.
City: Karlstad, Sweden
Place: Fröding Arena
Costs: 450 SEK seminar fee including lunch Saturday and Sunday.
Sign up: To participate send Name/Rank/Club By e-mail to peter.malmberg@samurang.se

Payment: To Swedish Taekwondo Federation
Pg: 962329-9

Mark the payment with Name/Club/ and regarding Kukkiwon Poomsae Seminar.
No later than 24 Nov.

INVITATION TO KUKKIWON POOMSAE SEMINAR

In cooperation with Kukkiwon World Taekwondo HQ, Swedish Taekwondo Federation would like to invite you to Kukkiwon Poomsae Seminar in the beautiful city of Karlstad. The seminar is open for anyone with the minimum rank of 6gup blue belt and interested to increase the personal technical level and in the same time meet and share experiences with others.

The seminar would be held by qualified Master Instructor from Kukkiwon, Swedish National Poomsae team will be on-site support, especially for the lower grades.

PROGRAM

Saturday

10.00 Seminar will start
12.00 Lunch
13.30 Seminar starts after lunch
17.00 Seminar ends
20.00 Dinner at restaurant

Sunday

10.00 Seminar will start
12.00 Lunch
13.30 Seminar starts after lunch
16.30 Seminar ends

Join the seminar for several reasons such as preparations for higher dan graduation, sharpen your Poomsae/competition skills or just have fun with friends sharing same interest!



KUKKIWON
WORLD TAEKWONDO HEADQUARTERS



SVENSKA TAEKWONDOFÖRBUNDET
Swedish Taekwondo Federation

FURTHER INFORMATION

If you want accommodation in Samurang dojang, please send e-mail with request for further information.

For further information regarding the seminar, don't hesitate to contact Peter Malmberg, 072 710 10 41 or peter.malmberg@samurang.se

Hotel:

<http://www.scandichotels.se/Hotels/Sverige/Karlstad/Scandic-Winn/>

Fröding Arena (Place for seminar):

<http://kartor.eniro.se/m/nX5Q6>

Samurang dojang:

<http://kartor.eniro.se/m/nX5qg>

HEART OF 
TAEKWONDO