

# Competitors per team

2013 NM

## 1 Skedsmo Tan Gun Taekwondo klubb

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	1	Pettersen		Herm	M		A	Jun-M-A	-48

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Signature:

# Competitors per team

2013 NM

## 2 Keum Gang Taekwondo-Nesttun

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	2	Tveit		Kaja Jun	F		A	Jun-F-A	-44
2	5	Sillue		Victor	M		A	Jun-M-A	-48
3	28	Magnus		Marie	F		A	Jun-F-A	-55
4	35	Dyngeland		Randi	F		A	Jun-F-A	-59
5	87	Hove		Kristine	F		A	Sen-F-A	-73
6	99	Kiberg Tveit		Kaja Jun	F		A	Asp-F-A	-47

Signature:

# Competitors per team

## 2013 NM

### 3 Grorud Taekwondo Klubb

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	3	Pedersen		Bengt	M		A	Jun-M-A	-48
2	23	Asp		Victor	M		A	Jun-M-A	-59
3	25	Meradi		Sean Brian	M		A	Jun-M-A	-59
4	33	Von Weymarn		Madelen	F		A	Jun-F-A	-59
5	40	Antonsen		Frida Marie H.	F		A	Jun-F-A	-63
6	44	Kamal		Farouk	M		A	Jun-M-A	-63
7	49	Svendsen		Ine	F		A	Jun-F-A	-68
8	65	Asp		John	M		A	Jun-M-A	-73
9	91	Honningdalsnes		Robert	M		A	Sen-M-A	-80
10	94	Khan		Shakir	M		A	Sen-M-A	-87
11	101	Evensen		Kevin	M		A	Asp-M-A	-41
12	107	Dahl		Marcus	M		A	Asp-M-A	-49
13	116	W. Weymarn		Richard	M		A	Vet-M-A	-200

Signature:

# Competitors per team

2013 NM

## 4 Røra Taekwondo Kubb

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	4	Almvik		Kine Kolaas	F		A	Jun-F-A	-44
2	59	Bragstad		Martin	M		A	Jun-M-A	-68
3	80	Nessø		Åse Lovise Beritdatter	F		A	Sen-F-A	-73

Signature:

# Competitors per team

## 2013 NM

### 5 Nesodden Tae Kwon-Do Klubb

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	6	Rese		Elias	M		A	Jun-M-A	-48
2	9	Knudsen		Ingrid K.	F		A	Jun-F-A	-49
3	17	Eikrem		Andrea	F		A	Jun-F-A	-52
4	72	Maurtvedt		Martin	M		A	Sen-M-A	-63
5	73	Lai		Janike	F		A	Sen-F-A	-57

Signature:

# Competitors per team

2013 NM

## 6 Centrum Taekwondo

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	7	Bontveit		Joachim	M		A	Jun-M-A	-51
2	90	Gangdal		Tommy	M		A	Sen-M-A	-80

Signature:

# Competitors per team

## 2013 NM

### 7 Taekwondo Team Heimdal

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring	
1	8	Øien		Ronja Iren Mason	F		A	Jun-F-A -44
2	16	Ersøybakk		Eline	F		A	Jun-F-A -49
3	22	Eriksen		Julie	F		A	Jun-F-A -52
4	32	Strøm		Børge	M		A	Jun-M-A -59
5	34	Østmark		Marius Bull	M		A	Jun-M-A -59
6	37	Syversen		Ronja Furuvik	F		A	Jun-F-A -59
7	50	Brønstad		Sondre Gjovann	M		A	Jun-M-A -63
8	60	Landsem		Ådne	M		A	Jun-M-A -68
9	71	Bitew		Dagmawi Medved	M		A	Sen-M-A -63
10	74	Mienna		Siv Anja	F		A	Sen-F-A -57
11	85	Wærdahl		Marius	M		A	Sen-M-A -74
12	92	Waage		Tor Løvset	M		A	Sen-M-A -80
13	97	Johnsen		Truls Lystad	M		A	Sen-M-A +87
14	100	Throseth		Lone Therese	F		A	Asp-F-A -47
15	104	Murugathan		Rathushan	M		A	Asp-M-A -41
16	109	Ramsey		Julie Helgesen	F		A	Asp-F-A -55
17	114	Sunde		Kaja Refsnes	F		A	Asp-F-A -59

Signature:

# Competitors per team

## 2013 NM

### 8 Oslo Mudo Klubb

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	10	Prodanovic		Jelena	F		A	Jun-F-A	-49
2	15	Uthayasingham		Vithu	M		A	Jun-M-A	-55
3	18	Jakobsen		Eirin Berg	F		A	Jun-F-A	-52
4	21	Lund		Hannah	F		A	Jun-F-A	-52
5	29	Hauge		Jostien	M		A	Jun-M-A	-59
6	36	Thorsø		Frida Ronja	F		A	Jun-F-A	-59
7	46	Kirkerud		Marius	M		A	Jun-M-A	-63
8	53	Sørtveit		Celina	F		A	Jun-F-A	-68
9	57	Aalerud		Kristoffer	M		A	Jun-M-A	-68
10	58	Davoti		Botond	M		A	Jun-M-A	-68
11	77	Lysø Drage		Rakel	F		A	Sen-F-A	-57
12	78	Kristiansen		Elise S	F		A	Sen-F-A	-73
13	79	Slettevold		Vilde Heian	F		A	Sen-F-A	-73
14	81	Kanagaratnam		Resotheran	M		A	Sen-M-A	-68
15	102	Fengsrud		Sander	M		A	Asp-M-A	-41
16	111	Thune		Sebastian	M		A	Asp-M-A	-49

Signature:



# Competitors per team

2013 NM

## 9 Namsos Taekwondo klubb

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	11	Derås		Joachim	M		A	Jun-M-A	-51
2	26	Heibert		Tadzio	M		A	Jun-M-A	-59
3	106	Aune		Magnus	M		A	Asp-M-A	-49

Signature:

# Competitors per team

## 2013 NM

### 10 Viking T&IF Kampsport

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	12	Hetland		Gabriel	M		A	Jun-M-A	-51
2	13	Moiceanu		Victor Florin	M		A	Jun-M-A	-51
3	42	Standnes		Endre	M		A	Jun-M-A	-59
4	48	Gjelsvik		Karoline	F		A	Jun-F-A	-63
5	64	Jakobsen		Martin	M		A	Jun-M-A	-68
6	66	Standnes		Are	M		A	Jun-M-A	-73
7	110	Haugen		Christine	F		A	Asp-F-A	-55

Signature:

# Competitors per team

2013 NM

## 11 Hwa Rang Team Drammen

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	14	Narverud		Erlend Andreas	M		A	Jun-M-A	-55
2	45	Javadian		Arash	M		A	Jun-M-A	-63
3	52	Hegg		Lone	F		A	Jun-F-A	-68

Signature:

# Competitors per team

2013 NM

## 12 Steigen Taekwondo Klubb

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	19	Rezaie		Ali Agha	M		A	Jun-M-A	-55
2	75	Salem Lugani		Ahmad	M		A	Sen-M-A	-63
3	76	Zahedi		Mohammad	M		A	Sen-M-A	-63
4	82	Smith		Seth	M		A	Sen-M-A	-68

Signature:

# Competitors per team

## 2013 NM

### 13 Chon-Ji Team Hokksund

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	20	Krogstad		Martin	M		A	Jun-M-A	-59
2	27	Oulie		Christine	F		A	Jun-F-A	-55
3	43	Jacobsen		Tomas E.	M		A	Jun-M-A	-63
4	63	Eilertsen		Maren-Kristin	F		A	Jun-F-A	+68
5	67	Enger		Anders	M		A	Jun-M-A	+78
6	68	Nielsen		Jørgen Andre	M		A	Jun-M-A	+78
7	69	F. Lemme		Marie	F		A	Jun-F-A	+68
8	70	Nyaas		Helene	F		A	Jun-F-A	+68
9	108	Guneriussen		Silje Kristin	F		A	Asp-F-A	-55
10	115	Tasdelen		Erkin	M		A	Vet-M-A	-200

Signature:

# Competitors per team

## 2013 NM

### 14 Vågen Taekwondo Klubb

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	24	Kang Smørdal		Karina	F		A	Jun-F-A	-52
2	56	Bjørndal Farestvedt		Ingrid	F		A	Jun-F-A	-68
3	103	Rasmussen		Julia	F		A	Asp-F-A	-55
4	105	Gasmi		Wesam A.	M		A	Asp-M-A	-41

Signature:

# Competitors per team

2013 NM

## 15 Stjørdal Tae Kwon Do Klubb

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	30	Berg		Claus Arnold	M		A	Jun-M-A	-59
2	31	Søderlind		Jonas	M		A	Jun-M-A	-59
3	47	Berg		Martin Francis	M		A	Jun-M-A	-63

Signature:

# Competitors per team

## 2013 NM

### 16 Tong-Ir TaeKwonDo klubb

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	38	Landsem		Mia Sofie	F		A	Jun-F-A	-59
2	39	Lefstad		Anker	M		A	Jun-M-A	-59
3	51	Graneng		Anders	M		A	Jun-M-A	-63
4	61	Storrønning		Erik Kim	M		A	Jun-M-A	-68
5	86	Skånøy		Carl Edvard	M		A	Sen-M-A	-74

Signature:



# Competitors per team

## 2013 NM

### 17 Tøyen Taekwondo Klubb

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	41	Berg		Mikael	M		A	Jun-M-A	-59
2	54	Ahmed		Jibril M	M		A	Jun-M-A	-63
3	83	Ahmedi		Reza	M		A	Sen-M-A	-68
4	84	Øyan		Bendik	M		A	Sen-M-A	-68
5	88	Daste		Soheil	M		A	Sen-M-A	-74
6	89	Ness		Jo Flottorp	M		A	Sen-M-A	-74
7	93	Konopka Ordem		Richard Andre	M		A	Sen-M-A	-80
8	98	Khoda		Sina	M		A	Sen-M-A	+87
9	113	Rognlid		Oscar	M		A	Asp-M-A	-49

Signature:

# Competitors per team

2013 NM

## 18 Ulstein Taekwon Do Klubb

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring		
1	55	Orantes		Ulises	M		A	Jun-M-A	-63
2	62	Kudosov		Dzjavat-Khan	M		A	Jun-M-A	-68
3	96	Kudosov		Magomed-Kha	M		A	Sen-M-A	-87

Signature:

# Competitors per team

2013 NM

## 19 Solør Tae Kwondoklubb

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring	
1	95	Gjedtjernet		Kim	M		A	Sen-M-A -87

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Signature:

# Competitors per team

2013 NM

## 20 Bjerke Taekwondo Klubb

No.	ID no.	Name	Init.	Surname	M/F	Dangrade	Sparring	
1	112	Willoch		Elisa	F		A	Asp-F-A -59

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Signature: