

Individual winners by category

2013 Midtnorsk 2

Male

Category: Aspirants Male B -37 / Fly (3 competitors) (Poule)

<input type="checkbox"/>	1	20 Lestum, Marius	Grong Kampsportklubb
<input type="checkbox"/>	2	19 Haagensen, Kim-Andre F. N.	Taekwondo Team Heimdal
<input type="checkbox"/>	3	21 Stubrud, Kevin Nathaniel	Røra Taekwondo Kubb

Category: Aspirants Male B -41 / Bantam (3 competitors) (Poule)

<input type="checkbox"/>	1	23 Johnsen, Magnus	Røra Taekwondo Kubb
<input type="checkbox"/>	2	24 Veium, Ådne F.	Røra Taekwondo Kubb
<input type="checkbox"/>	3	22 Flyum, Jonas Gotheim	Røra Taekwondo Kubb

Category: Aspirants Male B -45 / Feather (4 competitors)

<input type="checkbox"/>	1	25 Aune, Magnus	Namsos Taekwondo klubb
<input type="checkbox"/>	2	28 Oldren, Torgrim Vinne	Røra Taekwondo Kubb
<input type="checkbox"/>	3	26 Bu, Jonas R.	Taekwondo Team Heimdal

Category: Aspirants Male B -49 / Light (5 competitors)

<input type="checkbox"/>	1	30 Johnsen, Torgeir Weberg	Stjørdal Tae Kwon Do Klubb
<input type="checkbox"/>	2	29 Husa, Even	Grong Kampsportklubb
<input type="checkbox"/>	3	31 Rønquist, Kristian	Tong-Ir TaeKwonDo klubb

Category: Aspirants Male B -53 / Welter (3 competitors) (Poule)

<input type="checkbox"/>	1	36 Øksnes, Sigurd Nyeng	Røra Taekwondo Kubb
<input type="checkbox"/>	2	34 Haga, Joakim	Røra Taekwondo Kubb
<input type="checkbox"/>	3	35 Hugås, Daniel	Grong Kampsportklubb

Category: Aspirants Male B -57 / Middle (2 competitors)

<input type="checkbox"/>	1	38 Vorum, Iver	Røra Taekwondo Kubb
<input type="checkbox"/>	2	37 Paehler, Mathias Stormo	Røra Taekwondo Kubb

Category: Juniors Male B -45 / Fin (2 competitors)

<input type="checkbox"/>	1	39 Aakerhus, Anders Storholmen	Røra Taekwondo Kubb
<input type="checkbox"/>	2	40 Espeland, Svein Harald	Røra Taekwondo Kubb

Category: Juniors Male B -48 / Fly (2 competitors)

<input type="checkbox"/>	1	41 Derås, Joachim	Namsos Taekwondo klubb
<input type="checkbox"/>	2	42 Olsen-Myran, John Markus	Taekwondo Team Heimdal

Category: Juniors Male B -63 / Welter (4 competitors)

<input type="checkbox"/>	1	43 Heibert, Tazio	Namsos Taekwondo klubb
<input type="checkbox"/>	2	44 Lefstad, Anker	Tong-Ir TaeKwonDo klubb
<input type="checkbox"/>	3	46 Sæbø, Anders	Stjørdal Tae Kwon Do Klubb

Category: Juniors Male B -78 / Light Heavy (2 competitors)

<input type="checkbox"/>	1	47 Bergsland, Marius	Stjørdal Tae Kwon Do Klubb
<input type="checkbox"/>	2	48 Nubdal, Bjørn Anders	Grong Kampsportklubb

Individual winners by category

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Male

Category: **Seniors Male B -80 / Welter (3 competitors) (Poule)**

<input type="checkbox"/>	1	51 Melhus Olsen, Daniel	Grong Kampsportklubb
<input type="checkbox"/>	2	49 Mirzaai, Karimi	Grong Kampsportklubb
<input type="checkbox"/>	3	50 Brøndbo, Geir Ove	Grong Kampsportklubb

Individual winners by category

2013 Midtnorsk 2

Female

Category: Aspirants Female B -37 / Bantam (3 competitors) (Poule)

<input type="checkbox"/>	1	2 Kolstad-Heggdal, Anna Emilie	Røra Taekwondo Kubb
<input type="checkbox"/>	2	3 Lindsetmo, Sara	Røra Taekwondo Kubb
<input type="checkbox"/>	3	1 Høgmo, Tuva	Stjørdal Atletklubb

Category: Aspirants Female B -44 / Light (2 competitors)

<input type="checkbox"/>	1	5 Nordberg, Line Rønning	Røra Taekwondo Kubb
<input type="checkbox"/>	2	4 Fossen, Silje	Stjørdal Atletklubb

Category: Aspirants Female B -55 / Heavy (2 competitors)

<input type="checkbox"/>	1	7 Lyngstad, Kristin Rønning	Taekwondo Team Heimdal
<input type="checkbox"/>	2	6 Hoff, Fanny Sederholm	Stjørdal Atletklubb

Category: Juniors Female B -55 / Welter (6 competitors)

<input type="checkbox"/>	1	13 Langeland, Maiken	Stjørdal Atletklubb
<input type="checkbox"/>	2	8 Green, Andrea	Røra Taekwondo Kubb
<input type="checkbox"/>	3	11 Aslaksen, Maren	Grong Kampsportklubb

Category: Juniors Female B -68 / Light Heavy (2 competitors)

<input type="checkbox"/>	1	14 Vorum, Sara	Røra Taekwondo Kubb
<input type="checkbox"/>	2	15 Omli, Elen	Grong Kampsportklubb

Category: Seniors Female B +73 / Heavy (3 competitors) (Poule)

<input type="checkbox"/>	1	18 Viken, Mona	Grong Kampsportklubb
<input type="checkbox"/>	2	16 Anggraini, Henny	Tong-Ir TaeKwonDo klubb
<input type="checkbox"/>	3	17 Bredeesen, Kristin	Grong Kampsportklubb