THE NORDIC TAEKWONDO CHAMPIONSHIPS 2014

*This tournament is for the national teams of the Nordic Countries (Iceland, Denmark, Finland, Norway and Sweden).*

*No other teams will be authorized.*

*Please see the following pages for the invitation*

**Invitation for Poomsae**

It is my great pleasure to invite you and your national team to the Nordic Taekwondo Championship in Keflavík, Iceland on May 17th 2014.

I hope you and your national teams will participate in this event and display the highest spirit of taekwondo. In the meantime, the Icelandic Taekwondo Federation will do its utmost to organize a successful championship.

I am looking forward to meeting you in Keflavík.

Sincerely,

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Richard Már Jónsson

President of the Icelandic Taekwondo Federation

*OUTLINE - POOMSAE*

* **Organizer: The Icelandic Taekwondo Federation**

E-mail: [tki@tki.is](mailto:tki@tki.is)

<http://www.tki.is>

<http://www.facebook.com/The.Nordic.Taekwondo.Championships.2014>

Tournament director: Mr. Richard Már Jónsson

* + - * + Email: [rmj@simnet.is](mailto:rmj@simnet.is)
        + Mobile: +354 892 0784
* **Date: May 17th 2014**
* **Place:** Keflavík Sporthall (I: Íþróttahús Keflavíkur), [Sunnubraut 34, 230 Reykjanesbæ](http://ja.is/kort/?q=%C3%8D%C3%BEr%C3%B3ttah%C3%BAs%20Keflav%C3%ADkur%2C%20Sunnubraut%2034&x=325819&y=393107&z=8)r
* **Qualifications:**

Holder of the grade of 4th geup or higher

Holder of nationality of the participating country

Recommended by the National Association of the participating country

* **Categories**

Individuals

* Four contestants are allowed in each category from each country
  + Male; Cadet (12-14 years old), Junior (15-17 years old), Under 30 (18-30 years old), Under 40 (31 – 40 years old), Under 50 (41 – 50 years old), Under 59 (51- 60 years old), Under 65 (61-65 years old) and Over 65 (66 years old and above)
  + Female; Cadet (12-14 years old), Junior (15-17 years old), Under 30 (18-30 years old), Under 40 (31 – 40 years old), Under 50 (41 – 50 years old), Under 59 (51- 60 years old), Under 65 (61-65 years old) and Over 65 (66 years old and above)
  + Female; Cadet, Junior, Under 29, Under 39, Under 49, Under 59

Pairs

* Pair are one female and one male. Four pairs are allowed from each country.
  + Cadet (12-14 years old), Junior (15-17 years old), Under 30 (18-30 years old) and Over 30 (31 years old and older)
* Groups
* Male group (three males). Four pairs are allowed from each country.
  + Cadet (12-14 years old), Junior (15-17 years old), Under 30 (18-30 years old) and Over 30 (31 years old and older)
* Female group (three females). Four pairs are allowed from each country.
  + Cadet (12-14 years old), Junior (15-17 years old), Under 30 (18-30 years old) and Over 30 (31 years old and older)
* **Competition rules:**

World Taekwondo Federation (WTF) Poomsae competition rules.

Poomsae will be drawnbased on the following criteria:





, Keumgang

, Keumgang

, Keumgang

Each category will perform 2 (two) forms which will be randomly selected and announced on May 10th 2014.

* **Age divisions in individual categories (based on year of birth)**

**Individual categories**

Cadet Born 2000, 2001 and 2002

Junior Born 1997, 1998 and 1999

Under 29 Born 1985- 1996

Under 39 Born 1975- 1984

Under 49 Born 1965- 1974

Under 59 Born 1955- 1964

Over 59 Born 1954 or earlier

**Pair and group categories**

Junior Born 1997, 1998, 1999 and 2000

Under 29 Born 1985- 1996

Over 29 Born 1984 or earlier

* **Award presentation:**

1st place – One gold medal

2nd place – One silver medal

3rd place – One bronze medal

Trophies for national teams: The 3 first ranked teams (all categories in total according to the following criteria: 1 point for participation, 3 points for 3rd place, 5 points for 2nd place, 7 points for 1st place)

* **Competition fee:**

The competition fee is EUR 60 per contestant. Contestant competing in more than one category (individuals, pairs or groups) pay EUR 60 regardless of number of category registrations. Contestants participating in both kyorugi and poomsae pay a total of EUR 90.

* **Applications:**

The Competitors and team officials shall be entered into the TPSS subscription system ([www.tpss.nl](http://www.tpss.nl)). If there are problems with entering the competitors, please contact: [tki@tki.is](mailto:tki@tki.is)

* **Judges:**

Each country is invited to send 3 Poomsae judges (WTF judges of first class national judges).

The names of the referees must be announced **at April 13th 2014 at the latest** to the Icelandic Taekwondo Federation.

Please send the following information about the participating referees:

* + Name
  + Flight details (time of arrival and departure and flight number)
  + WTF or first class national credentials

The sending country shall cover allowance and traveling costs of its referees. Accomodation including full board (breakfast, lunch and dinner) shall be provided by the Icelandic Taekwondo Federation for referees from the 16th to18th of May 2014.

* **Officials:**

Each country is allowed to send 5 Poomsae officials (1 Head of Team, 1 Manager and up to 3 coaches).

The names of the Poomsae officials must be be announced **at April 20th 2014 at the latest** to the Icelandic Taekwondo Federation.

The sending country shall cover allowance and traveling costs of its officials as well as accomodations and board.

* **Medical control:**

Use of drugs or doping by any chemical substances prescribed in the WTF Regulations for Doping Control is strongly prohibited.

The Icelandic Taekwondo Federation may organize medical doping tests among the competitors at random sampling and any competitor who refueses to undergo the testing or who proves to have committed a breach of the regulations for doping control shall be removed from the final standings, and disciplinary action will be taken.

* **Liability:**

It is the responsibility of each participating team and each national accociation to ensure that sufficient insurance coverage has been taken out for all officials and participants. The Icelandic Taekwondo Federation does not take any responsibility for possible accidents or insurance claims.

* **The Head of Team meeting:**

The Head of Team meeting will be held on **Friday (May the 16th 2014)** at Hotel Keflavik [Vatnsnesvegi 12-14, 230 Reykjanesbæ](http://ja.is/kort/?q=Hotel%20Keflavik%2C%20Vatnsnesvegi%2012-14&x=326520&y=393440&z=8)r at 20:00 (8:00p.m.). Please note that this might be subject to change.

The compulsary poomsae will be drawn at the Head of Team meeting.

* **Registration:**

The registration desk will be in the Keflavík Sporthall (I: **Íþróttahús Keflavíkur)** [Sunnubraut 34, 230 Reykjanesbæ](http://ja.is/kort/?q=%C3%8D%C3%BEr%C3%B3ttah%C3%BAs%20Keflav%C3%ADkur%2C%20Sunnubraut%2034&x=325819&y=393107&z=8)r lobby on **Friday (May the 16th 2014)** between 18:00 and 22:00 (6:00 p.m. until 10 p.m.). Please note that this might be subject to change.

Competitors and the team officials will receive their competition passports there.

* **Closing date for entries:**

The Closing date for the entry forms is **April 20th 2014**.

**Entries submitted after that date will not be accepted.**

* **Payments:**

All payments (competition fees and accomodations) should be paid together at the same time. The Icelandic Taekwondo Federation will send the participating federations an invoice for the fees after receiving the entry forms.

Reservations and registrations are valid only when the payments have been received in the account of the Icelandic Taekwondo Federation:

Account number: 515-26-50010

All bank informations will be on the invoice from the Icelandic Taekwondo Federation

* **Accomodations:**

The participating National Taekwondo Federations will cover accomodations expenses of their respective teams and officials. Accomodations includes full board (breakfast, lunch and dinner).

* **Transportation:**

Transportation to and from the Keflavík International Airport will be provided for those accomodated in Hotel Keflavik as arranged by the Icelandic taekwondo federation. The fee for transportation is included in the accomodation fee.

* **Modification:**

Modifications (participation or accomodation) received after **April 20th 2014** will not be accepted.

* **PRELIMINARY Timetable for Poomsae:**

|  |  |  |  |
| --- | --- | --- | --- |
| Date | Time | Events | Place |
| May 16th 2014  **Friday** | 18:00 – 22:00  20:00 – 21:00  20:00 – 22:00  21:00 – 22:00 | Registration of teams  Head of Team meeting  Nordic forum  Poomsae referee meeting | Sportshall  Hotel Keflavik  Hotel Keflavik  Hotel Keflavik |
| May 17th 2014  **Saturday** | 08:00 – 09:00  09:00 – 13:00  13:00 – 14:00  14:00 – 19:00  20:00 – 24:00 | Poomsae referee meeting  Competition  Lunch break  Competition  Dinner and afterparty | Sportshall  Sportshall  Sportshall |
| May 18th 2014  **Sunday** |  | Departures |  |

* **Locations:**

