

MALMÖ OPEN

2012

11:th edition



Welcome to Malmö Open 2012

For the eleventh consecutive year, we wish you a warm welcome to Sweden's largest and best one-day contest, new for this year is a Poomsae contest.

In addition to a great competition, we have something for all competitors and visitors. In recent years we have been able to offer you lottery, exhibits, inflatable castles, console games and more.

Budo Nord

Which is our official sponsor, will have sales on the spot, you have the chance to buy sports equipment at great prices.

The contest for:

Minors, cadets, juniors and seniors.

Both beginners and advanced are welcome.

A perfect opportunity for those wishing to gain experience or have a great time.



Competition start Saturday, April 21, 2012 Time: 8:30 - approx 19:00

Arena: Baltiska Hallen, Eric Perssons väg, Malmö

Requirements/rules Beginners: 9 gup - 5 gup
Advanced: 4 gup –
WTF competition rules apply.
No electronic protectors.
The organizer does not provide any competition equipment.

Competitors must be able to show a valid ID and national Taekwondo ID.

Ages: Minors: girls/boys age 7-11(mandatory ID control)
Cadets: girls/boys age 12-14 (mandatory ID control)
Juniors: male/female age 14-17 (mandatory ID control)
Seniors: male/female age 16 - (mandatory ID control)

Weight classes:

Minors girls/boys	-26	-28	-30	-32	-34	-37	-40	-43	-46	-50	-54	-57	+57
Cadets boys	-33	-37	-41	-45	-49	-53	-57	-61	-65	+65			
Cadets girls	-29	-33	-37	-41	-44	-47	-51	-55	-59	+59			
Jun. Male	-45	-48	-51	-55	-59	-63	-68	-73	-78	+78			
Jun. Female	-42	-44	-46	-49	-52	-55	-59	-63	-68	+68			
Seniors Male	-54	-58	-63	-68	-74	-80	-87	+87					
Seniors Female	-46	-49	-53	-57	-62	-67	-73	+73					

Weigh in/Registr. Friday April 20th 4:00–8:00 p.m. at Scandic Hotel
Segevång
Only two attempts!
Change of weight class at weigh in costs 200 SEK

Match time: All Minors/Cadets 2 x 1,5 min
Beginners Juniors/Seniors 2 x 2 min
Advanced Juniors/Seniors 3 x 1,5 min

Trophys: Gold, Silver, Bronze, Best Fighter, Best club 1-3 and diplomas to all competitors'.

- Registration:** **No later than Monday, April 16th**
Any amendment to the registration after April 16th costs 200 SEK per participant.
Sign up via <http://www.tpss.nl>
Registration is binding/no refunds
- Start-up fee:** Minors/Cadets 300SEK
Juniors/Seniors 350SEK
- To pay by bank transfer please use information below:
Bankname: Swedbank
IBAN no: SE37 8000 0821 4997 3780 9088
SWIFT-BIC: SWEDSESS
Account no: 8214-9, 973 780 908-8
Account holder: KFUK-KFUM Po-Eun KampsportCenter
No later than Monday, April 16th
- Entrance:** 70 SEK – 1 Coach per 5 competitors for each club
Max 3 coaches per club has free entry.
- Draw:** The draw is made after weigh in
and is then put on www.po-eun.nu after 10:00 p.m.
The organizer reserves the right to move participants at a lack of opponents.
- Referee:** Interested referees, sign up to the referees committee
Chairman. Chakir Chelbat E-post:
chakir.chelbat@telia.com Cell phone: +46707603474
- Information:** Patrick Karlsson +46707171910, patrick@po-eun.nu
Mohamed Wail +46704920353, mommo@po-eun.nu
- Poomsae:** Registration and info:
Johan Svensson poomsaesweden@hotmail.com
Deadline: 16/4
Fee: 200 SEK Minors/Cadets
250 SEK Juniors/Seniors/Masters
Please follow link downloadable registration form.
www.proteamonline.se/customers/content.asp?Id=1933&ContentId=45415

Age & Gender

Age	Division	Gender	Class	Individual
Age 7-13	Minors/Cadets	Female	Beg/Adv.	Individual
		Male	Beg/Adv.	Individual
Age 14-17 år	Juniors	Female	Beg/Adv/Elite	Individual
		Male	Beg/Adv/Elite	Individual
Age 18-29 år	Seniors 1	Female	Beg/Adv/Elite	Individual
		Male	Beg/Adv/Elite	Individual
Age 30-39 år	Seniors 2	Female	Beg/Adv/Elite	Individual
		Male	Beg/Adv/Elite	Individual
Age 40-49 år	Masters 1	Female	Beg/Adv/Elite	Individual
		Male	Beg/Adv/Elite	Individual
Age 50 or older	Masters 2	Female	Beg/Adv/Elite	Individual
		Male	Beg/Adv/Elite	Individual

Age:

It is how old you are at the competition day that applies.

Ex. If you have your 14th birthday the day after the competition you will compete as a Cadet.

The organizer reserves the right to move competitors at the lack of opponents. Moving is done with regards to both age and grade.

What Poomsae shall I do?

Beginners and advanced

As a beginner and advanced, 3 Poomsae must be performed (see Table 1 below). These are determined by the grade you have - regardless of age. In addition, it is the number of participants in the class that determines how many rounds / number of Poomsae you must perform. Which one you should perform is announced three days before the start of the competition.

Elite

All Poom/Dan graded must be able to do 8 Poomsae (see table 1 below). These Poomsae will be drawn 3 days before the competition.

How does the contest work?

Beginners and advanced

In the preliminary round (round 1) you perform your compulsory Poomsae.

In the semi-finals (round 2) you perform your second compulsory Poomsae.

In the final (round 3) you perform your third compulsory Poomsae.

Ex. Beginners with 6 gup: Prel. T2, Semi T3 & Final T4

Are there only two or three participants, they go directly to the finals and then the two compulsory Poomsae for the semi-/final round are performed.

Elite

In the preliminary round you perform one of the drawn Poomsae for round 1.

In the Semi finals (round 2) you perform your second drawn Poomsae.

In the final (round 3) you perform 2 of the 3 remaining Poomsae for the semi/final round.

Ex. Seniors 1: Prel. T7, Semi P3 & Final P2 & P4

Table 1 – which Poomsae?

Beginners (gup) – all ages	Round 1 (prel)	Round 2 (semi) & Round 3 (final)
8	T1	T2, T3
7	T1	T2, T3
6	T2	T3, T4
5	T3	T4, T5
Advanced (gup) – all ages	Round 1 (prel)	Round 2 (semi) & Rond 3 (final)
4	T4	T5, T6

3	T5	T6, T7
2	T6	T7, T8
1	T7	T8, P1
Elite (dan/poom) – age divided	Round 1 (prel)	Round 2 (semi) & Round 3 (final)
Juniors, age 14-17	T4 - T7	T8 - P3
Seniors 1, age 18-29	T6 – P1	P2 – P5
Seniors 2, age 30-39		
Masters 1, age 40-49	T8 – P3	P4 – P7
Masters 2, age 50 or above	P1 – P4	P5 – P8

T = Taeguk (Ex. T3 = Sam Jang)

P = Poomsae (Ex. P4 = Pyongwon)

Table 2 – Number of rounds

Number of competitors	Preliminary round /	Semifinal /	Final /
	Round 1	Round 2	Round 3
2-3	Deleted	Deleted	All
4-7	Deleted	4-7	3
8-11	All	5	3
12-21	All	8	5
22-	All	50%	8

Organizer:

KFUM Po-Eun Kampsportcenter

Södra Taekwondoförbundet



Official hotel

Scandic

Enjoy a healthy stay at Scandic Segevång, just 12 minutes from Malmö city center.

Welcome to Scandic Segevång

Scandic Segevång located on the outskirts of Malmö. The hotel offers fun activities for all ages, only 12 minutes from Malmö city center. Stay at the Scandic Segevång in Malmö for a really good hotel experience. Located just a short drive from Malmö's popular attractions, such as the Turning Torso, Malmöhus Castle and the city's great shopping. Next to the hotel you will find Malmö/Burlöv Golf Club and Segesvångsbadet. At Scandic Segevång you can enjoy both indoor and outdoor pools, challenge friends to a game of boules, work out in our modern fitness center or relax in the sauna. You can also rent bicycles and walking sticks in the reception. Our restaurant serves delicious cuisine in a relaxed atmosphere and in summer you can enjoy your drink on our terrace. At the hotel we have 12 flexible meeting and conference rooms and wireless internet.

Scandic Hotell Segevång

Segesvången

212 27 Malmö

Phone: 040 - 693 45 00

Booking: <http://www.scandichotels.se/segevang>

