

Norwegian Martial Arts Federation  
P.O. Box: NO-0840 Oslo  
Visiting Address:  
Sognsveien 75K, NO-0840 Oslo  
Phone: +47 9820KAMP (5267)  
Bankaccount: 5134.06.06136  
Organisation. no: 971 484 047 MVA  
post@kampsport.no  
www.kampsport.no

## Program Nordic Championship Taekwondo 2015

Friday 30th January	
17.00-19.00	Accreditation registration at the hotel
18.00-20.00	Weigh in at the hotel
20.00-22.00	Nordic Forum at the hotel

Saturday 31th January	
07.00	Breakfast at the hotel
08.00	Buses start leaving the hotel for the sports hall
08.15	Health check for senior athletes at the sports hall
08.15	Referee meeting in the sports hall
08.20	Second departure with buses from the hotel
08.45	Coach/head of team meeting
09.00	Official opening of the Nordic Championship
09.30	Championship starts for poomsae and kyorugi
13.00	Lunch
14.00	Championship continues
17.30	Approximately finish time – prize ceremony starts
17.30	Bus leaving for the hotel
18.00	Bus leaving for the hotel
18.30	Bus leaving for the hotel
19.00	Bus leaving for the hotel
19.00	Prize ceremony done
20.00	Dinner for the referees at the hotel

Sunday 1st February	
08.00-10.00	Breakfast at the hotel
	Check out and departure

# KAMP SPORT

**Sportshall:** Stjørdalshallen (Stjørdal sports hall), Gymnasgata 3, 7500 Stjørdal  
**Hotel:** Scandic Hell Hotel, Sandfærhus 22, 7570 Hell

Member of Norwegian olympic and paralympic committee and Confederation of sports (NOC), World Taekwondo Federation (WTF), World Karate Federation (WKF), International Wushu Federation (IWuF), Ju-Jitsu International Federation (JJIF) and International Kendo Federation (IKF)



[WWW.KAMPSPORT.NO](http://WWW.KAMPSPORT.NO)

