



# International Easter Camp April 6-8 2012 in Solrød, Denmark

**Three days - toptuned instructors - lots of Taekwondo classes**

Come to Denmark and train with instructors from three different countries with each their backgrounds, specialties and experiences to give you an amazing experience within the world of taekwondo

**The instructors** Michael Iversen, Allan Olsen and Lars Hyttel from Denmark together with belgian Rudy Pelgrims and Australian Alf Dell'orso **offer** a wide variety of classes of sparring, technique and weapons training – **absolutely worth** three days of your Easter holidays!

**Sparring:** Alf Dell'orso, 6. dan • Rudy Pelgrims 5. dan • Jesper Roesen 3. dan **Seminar:** Daedo elektronik vests by Jesper Roesen **Taekwondo:** Michael Iversen 6. dan • Benny Faarvang 6. dan • Allan Olsen 5. dan  
**Weapons:** Michael Iversen

## Practical info:

3 Day Camp inklusive 8 trainings: DKK 500,- | Camp one day pass: DKK 200,- | Food all days (no pork meat): 250 DKK  
Accommodation included in price and Accommodation between Thursday and Friday is possible

**Sign up and Payment:** **Sign up before** Monday march 19 2012. The registry is valid when Payment is registered.  
**Sign up online** on the formula on [www.sin-sung.dk](http://www.sin-sung.dk) **Payment:** Nordea, Iban: DK 9420000743156730 - Swift: NDEADKKK

**Participant info** • Minimum age 9 years • Max number of participants: 300 • When participating in sparring classes bring your own protection gear and kicking pad **Registration on** Uglegårdsskolen • Thursday 18.00-20.00 • Friday. 7.30-8.30 • • Friday April 6. 7.30 **Breakfast** • Classes begin April 6. 9.00 **Training location** Solrød Idrætscenter, Tingryds Alle 27, 2860 Solrød Strand **Accommodation and meals** Uglegårdsskolen, Tingryds Alle 25, 2860 Solrød Strand

**For more information** visit [www.sin-sung.dk](http://www.sin-sung.dk) - here you find registration information etc.  
For questions contact Michael Werdelin on +45 22 24 92 18 or [Michael.werdelin@os.dk](mailto:Michael.werdelin@os.dk)

**Classes:** Beginner sparring- Sparring elite – Class 1: 10-5 coup– Class 2: 4-1 coup – Class 3: Blackbelts



The Easter Camp take place in collaboration



with the Danish Taekwondo Federation